

National Farmers Market Week: Supporting Local

National Farmers Market Week will take place August 2 – 8 this year. A week established by the United States Department of Agriculture to recognize farmers markets across the country, National Farmers Market Week promotes the markets, vendors, and communities that support one another in our country's food system.



Choose Iowa is proud to have over 20 members that are farmers markets, and many members that [sell their products at farmers markets](#) across the state. Some members even host their own farmers markets and invite other farms and small businesses to set up as vendors, such as [Cortum Farm and Co.](#) near Indianola, [LSI Global Greens](#) in Des Moines, [Mud Creek Farm](#) outside Runnells, and Rinehart Family Farm near Boone. Beyond traditional farmers markets, other member farm stands and local market stores curate local produce and products grown on neighboring farms and host pop-up markets including [SkyView Market](#) near Nora Springs, [Loafer's Mill](#) in Bondurant, [The Martelle Market](#), [One Farm Market](#) in Logan, [Sunny Seven Local Market](#) in Harlan, [The Harvest Barn Marketplace](#) in Osceola, [t a s t e and The Market](#) in Osage, and [West Forty Market](#) in Uptown Ankeny.

One member, the [Healthiest State Initiative](#) and Double Up Food Bucks Iowa, is a nutrition incentive program helping SNAP users save their dollars on fresh fruits and vegetables at grocery stores, farmers markets, farm stands, and CSAs across Iowa, matching up to \$15 per day. For more information on how the program works, [click here](#).

Ready to find a farmers market to visit in your area? Check out the list of our member farmers markets going on during National Farmers Market Week below:

- [Ames Main Street Farmers Market](#): Saturday, 8:00 A.M. – 12:30 P.M.
- [Bondurant Farmers Market](#): Wednesday, 6:00 – 8:00 P.M.
- [Cedar Falls Farmers Market](#): Saturday, 8:30 A.M. – 12:00 P.M.
- [Cedar Rapids Downtown Farmers Market](#): Saturday, Aug. 1, 7:30 A.M. – 12:00 P.M.
- [DeWitt Farmers Market](#): Thursday, 3:30 – 6:30 P.M.
- [Downtown Des Moines Farmers Market](#): Saturday, 7 A.M. – 12:00 P.M.
- [Farmers Market Council Bluffs](#): Thursday, 4:20 – 7:30 P.M.
- [Fort Dodge Farmers Market](#): Wednesday, 10:00 A.M. – 2:00 P.M.; Saturday, 9:00 A.M. – 1:00 P.M.
- [Freight House Farmers Market](#) (Davenport): Saturday, 8:00 A.M. – 1:00 P.M.; Sunday, 10:00 A.M. – 2:00 P.M.
- [Greene County's Farmers Market](#) (Jefferson): Friday, 3:30 – 5:30 P.M.
- [Indianola Downtown Farmers Market](#): Saturday, 8:00 A.M. – 12:00 P.M.
- [Johnston Farmers Market](#): Tuesday, 4:00 – 7:00 P.M.

- [Lake Area Farmers Market](#) (Spirit Lake): Wednesday, 3:00 – 6:00 P.M.; Saturday, 7:30 A.M. – 12:00 P.M.
- [Muscatine Area Farmers Market](#): Saturday, 7:30 – 11:30 A.M.
- [Osage Farmers Market](#): Thursday, 3:30- 5:30 P.M.
- [Southside Sunday Market](#) (Des Moines): Sunday, 9:00 A.M. – 2:00 P.M.
- [Toledo Farmers Market](#): Friday, 5:00 – 7:00 P.M.
- [Uptown Ankeny Farmers Market](#): Saturday, 8:00 A.M. – 12:00 P.M.
- [Valley Junction Farmers Market](#): Thursday, 4:00 – 8:00 P.M.

Farmers markets across the state will be celebrating this week with fun events, programs, contests, activities, and more. Be sure to visit their website or social media to find out more before you go!

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